

SYMPTOMS

for COVID-19, Flu, Common Cold, and Allergies

	Primary Symptoms	Less Frequent Symptoms
COVID-19	<ul style="list-style-type: none"> • cough • fever • shortness of breath • fatigue 	<ul style="list-style-type: none"> • chills • repeated shaking with chills • headache • loss of taste or smell • muscle aches and pains • sore throat • runny or stuffy nose • nausea or diarrhea
SEASONAL FLU (Influenza)	<ul style="list-style-type: none"> • fever or feeling feverish/chills (not all flu cases include fever, however) • cough • muscle or body aches • headache • fatigue 	<ul style="list-style-type: none"> • sneezing • sore throat • runny or stuffy nose • nausea • diarrhea
COMMON COLD	<ul style="list-style-type: none"> • sneezing • stuffy nose • sore throat • mild to moderate chest discomfort and cough 	<ul style="list-style-type: none"> • fatigue • body aches
SEASONAL ALLERGIES (Hay Fever)	<ul style="list-style-type: none"> • runny or stuffy nose • itchy eyes, mouth, or skin • sneezing 	<ul style="list-style-type: none"> • wheezing • shortness of breath • fatigue due to lack of sleep



Symptoms Requiring Immediate Medical Attention (COVID-19)

- difficulty breathing or shortness of breath
- persistent pain or pressure in the chest
- new confusion or difficulties waking up
- bluish lips or face

Sources: Centers for Disease Control and Prevention, World Health Organization, American College of Allergy, Asthma, and Immunology

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